

1. Eligibility

- Participants under the age of 12 must be accompanied by a responsible adult.
- All participants must complete a registration form prior to the event.

2. Health & Safety

- By entering the event, participants confirm they are medically fit to take part.
- Medical support will be available during the event, but participation is at the entrant's own risk.
- If you feel unwell before or during the run, you should withdraw from the event.
- Parents/guardians are responsible for the safety and behavior of their children at all times.

3. Waiver of Liability

- The organizers accept no liability for any injury, loss, or damage to personal property before, during, or after the event.
- By registering, participants agree to waive any claims against the organizers, sponsors, or partners.
- The organizers are not responsible for lost or stolen items — please bring only essentials.

4. Event Rules

- Participants must follow the instructions of marshals and event officials at all times.
- This is a fun run — competitive racing is discouraged unless otherwise stated.

6. Cancellations & Refunds

- The event will take place rain or shine unless unsafe conditions arise.
- If the event is cancelled due to weather or other safety concerns, refunds may not be issued.
- Entry fees are non-refundable and non-transferable unless otherwise stated.

7. Photos & Media

- By entering the event, participants grant the organizers permission to use any photographs or videos taken during the event for promotional purposes.

9. Code of Conduct

- Be respectful to fellow participants, volunteers, and staff.
- No abusive or inappropriate behaviour will be tolerated. Offenders may be removed from the event.

10. Environmental Responsibility

- Please dispose of litter responsibly and help us keep the course clean.
- Follow the Leave No Trace principles where possible.