

JUGRA HILL CHALLENGE 2026

DESCRIPTION

Jugra Hill is a scenic hill located in the southern part of Peninsular Malaysia, in the state of Selangor. Standing at 400 meters above sea level, it offers stunning panoramic views of the surrounding countryside, including the Straits of Malacca. Known for its historical significance, Jugra Hill is home to the iconic Jugra Lighthouse, built during the British colonial era to guide ships along the coast. The hill is also a popular spot for nature lovers, offering opportunities for hiking, birdwatching, and paragliding. With its rich history and natural beauty, Jugra Hill remains a peaceful retreat for visitors seeking to escape the hustle and bustle of city life.

The event will be held in the Jugra Hill Paragliding landing field carpark, start from the main entrance taking runners through the winding hilly road up to the iconic Jugra lighthouse before the trail challenge start.

Runners will experience a lush greenery rainforest trail, rugged terrains, from shaded forest paths to open areas that reveal stunning panoramic views of the surrounding countryside and the Straits of Malacca in the distance.

RACE DETAILS

Event Name: JUGRA HILL CHALLENGE

Date: 4th – 5^h JULY 2026

Venue: JUGRA HILL PARAGLIDING LANDING FIELD CARPARK, BUKIT JUGRA

Distance: Ultra – 50KM (7.3KM Loop x 7 loop minimum = 51.1KM)
 Challenger – 21KM (7.3KM Loop x 3 loop minimum = 21.9KM)
 Leisure – 10KM
 Fun Hike – 4KM

AGE GROUP CATEGORIES

50KM ULTRA – Men/Women 18-39, Men/Women 40-49, Men/Women 50 years & above

21KM CHALLENGER – Men/Women 18-39, Men/Women 40-49, Men/Women 50 years & above

10KM LEISURE - Men/Women 12-39, Men/Women 40-49, Men/Women 50 years & above

4KM FUN RUN – Open 4yrs & above

FLAG OFF

50KM Flag Off - 7.00pm, 4th July 2026, Cut Off 9.00am, 5th July 2026 (Cut Off 14hours)

21KM Flag Off - 12.00am, 5th July 2026, Cut Off 7.00am, 5th July 2026 (Cut Off 7hours)

10KM Flag Off - 7.30am, 5th July 2025, Cut Off 10.30am, 5th July 2025 (Cut Off 3 hours)

4KM Flag Off - 8.00am, 5th July 2025, Cut Off 10.00am, 5th July 2025 (Cut Off 2 hours)

RACE CATERGORIES & FEES

Event Type	Category	Super Early Bird (20 th April)	Early Bird (20 th May)	Normal (20 th June)	Late (28 th June)
50KM Ultra*	Individual	RM180	RM210	RM240	RM260
21KM Challenger*	Individual	RM100	RM130	RM160	RM180
10KM Leisure *	Individual	RM60	RM70	RM80	RM90
4KM Fun Run*	Individual	RM40	RM50	RM60	RM70

Limited to 1500 slots of total participants or registration closed on 28th June 2026. (Whichever comes first)

Registration will close when maximum participants is achieved.

*Registration fees are subjected to admin fees.

The entry fee includes:

- Personalised Race Bib
- Timing Chip (For 50KM, 21KM & 10KM only)
- Goodies Bag
- Event Tee
- Finisher's Medal
- Finisher's Tee (For 50KM Ultra & 21KM only)
- Finisher's Meal Refreshment
- Personal Accident & Medical Insurance (Terms & Condition apply)
- Forestry Permit & On-course Nutrition
- E-Certificate
- Lucky Draw / Discount Voucher

RACE KIT COLLECTION

Date: 4th JULY 2026 (Saturday)

Time: 11.00am - 6.00pm

Venue: JUGRA HILL PARAGLIDING LANDING FIELD CARPARK, BUKIT JUGRA

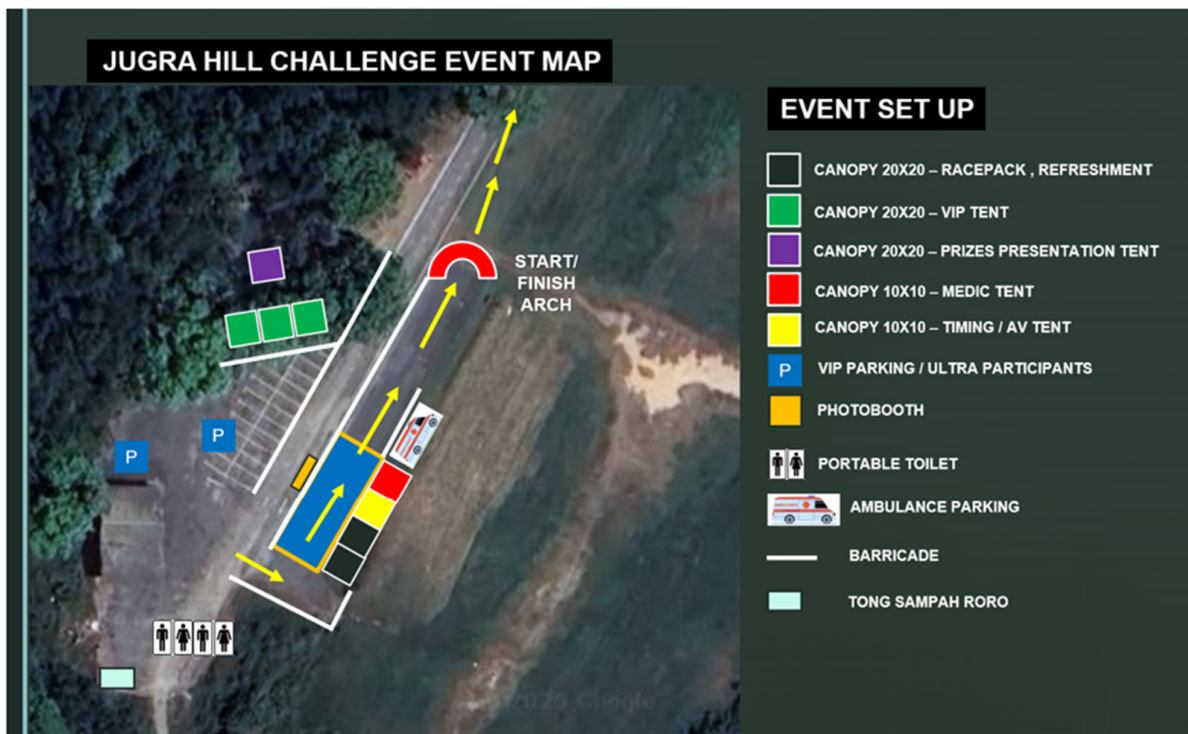
*Race kit will be forfeited if failed to collect during the stipulated date and time.

*Collection of race kit during race day will not be entertained.

*You may help your friend to collect on behalf. However please along their copy of IC & Proof of registration slip.

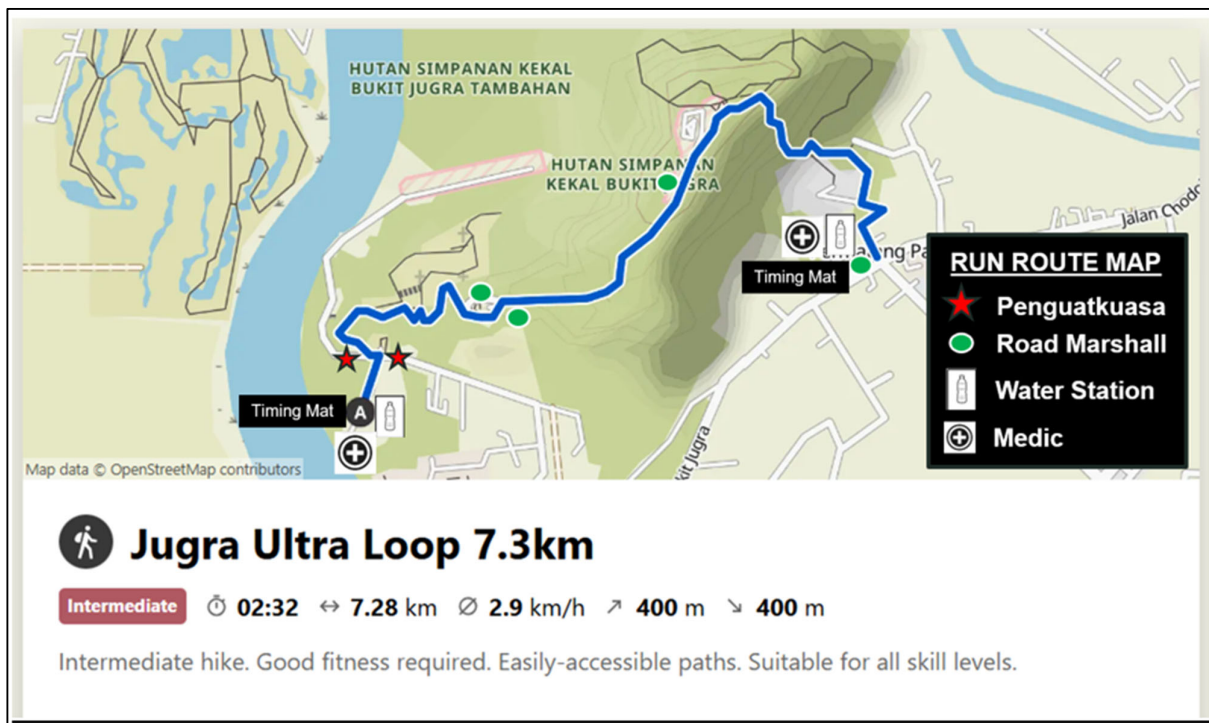
EVENT INFORMATION MAP





EVENT ROUTE (GPX File will be provided soon)

50KM (7 Loop) / 21KM (3 Loop)



Minimum to complete as FINISHER - 7loop for Ultra / 3loop for 21KM
Route Checkpoint and Water station information to be announce soon.

10KM LEISURE (TRAIL + ROAD RUN)

Jugra 10KM

Intermediate ⌚ 03:20 ↔ 10.0 km ⌀ 3.0 km/h ↗ 470 m ↘ 470 m

Intermediate hike. Good fitness required. Easily-accessible paths. Suitable for all skill levels.

4KM FUN RUN

Jugra Fun Run 4.1km

Easy ⌚ 01:18 ↔ 2.56 mi ⌀ 2.0 mph ↗ 575 ft ↘ 575 ft

Easy hike. Great for any fitness level. Easily-accessible paths. Suitable for all skill levels.

AWARDS PRIZES

Trophy will be awarded to Top 10 Winners of each category for 50KM, 21KM & 10KM.
Finisher's Medal will be awarded to all finisher for Fun Run open category.
ALL WINNERS are required to be present to collect the prizes personally.

QUALIFICATION & CRITERIA

1. For 50km Ultra category, the runners must have completed a few races of a minimum distance on 20km trail run a few times in order to be qualified for registration. The runners must complete minimum 7loop x 7.3KM to be qualified as FINISHER within 14 hours.
2. For 21km category, the runners must complete minimum 3loop x 7.3KM to be qualified as FINISHER within 7 hours.
3. For 50KM & 21KM categories, the winners are based on the longest distance with the shortest timing within race cut off time.

MANDATORY CHECKLIST (Random check at Checkpoint)

IMPORTANT INFORMATION

MANDATORY ITEM CHECKLIST

			
HYDRATION BAG / SOFT FLASK	FOOD BAR / SNACKS	EMERGENCY BLANKET	HEAD LIGHT / BLINKER
			
REFLECTIVE VEST	MOBILE PHONE / WHISTLE	RAIN JACKET / WIND BREAKER	

50KM ULTRA & 21KM CHALLENGER

- Hydration bag / soft flask (at least 500ml water)
- Food Bar/Snacks
- Emergency Blanket
- Headlight, Blinker Light & Reflective Vest
- Mobile Phone & Whistle
- Rain Jacket / Wind Breaker (compulsory during raining)

10KM LEISURE TRAIL

- At Least 500ML Water
- Food Bar/Snacks

EVENT SCHEDULE

EVENT SCHEDULE

SCHEDULE FOR 50KM & 21KM

Sat, 4th July 11am – 6pm – Racepack Collection @ Jugra Paragliding Landing Carpark
7.00pm – 50KM Flag Off (14 hours Challenge) Cut Off 9.00am, 5th July
11.00am – 21KM Flag Off (8 Hours Challenge) Cut Off 7.00am, 5th July

SCHEDULE FOR 10KM & 4KM

Sun, 5th July 6.00am – Registration Open / Bag Drop Collection
7.00am – Warm Up Dance
7.30am – 10KM Trail Run Flag Off
8.00am – 4KM Fun Run Flag Off
9.00am – Paragliding Performance Showcase
10.30am – Prize Ceremony Presentation / Lucky Draw
11.30am – End of Event

MEDAL DESIGN



EVENT TEE DESIGN

JUGRA HILL CHALLENGE 2026

4th & 5th July 2026



*image for illustration purposes only



FINISHER TEE (50KM ULTRA FINISHER ONLY)

JUGRA HILL CHALLENGE 2026

4th & 5th July 2026



*image for illustration purposes only



FINISHER TEE (21KM FINISHER ONLY)

JUGRA HILL CHALLENGE 2026

4th & 5th July 2026



*image for illustration purposes only



T-SHIRT SIZE CHART

T-SHIRT SIZE CHART

UNISEX									
Sizes	3XS	2XS	XS	S	M	L	XL	2XL	3XL
Chest (inch)	16	17	18	19	20	21	22	23	24
Length (inch)	24	25	26	27	28	29	30	31	32



Size Chart & Measurement Guide Malaysia (Inches) - Unisex

1. All measurement above subject to +/-0.5 tolerance.
2. Tapered curve bottom at the back specially designed for athletic movements, enhancing flexibility and performance.
3. Half chest to be measured from left to right seam, 1" down from the armpit joint.
4. Half waist to be measured from left to right seam on the waist line.
5. Shirt length to be measured from the highest tip of the shoulder to the bottom hem.

Rules & Regulations

General

- Participants who completed the Online Registration agreed to abide by the rules and regulations of the event (**JHC2026**) that has been signed up.
- The Organiser reserves the right to limit, accept or reject any entries without assigning any reasons thereof.
- All participants are required to complete the Online Registration entry form with accurate and correct information.
- Once the registration is being processed, there will be **NO REFUND** for those who fail to show up for the race and/or withdraw from it.
- The race registration will only confirm when full payment of the race entry fee has been made.
- Race category or race entry is transferable before 30th June 2025 with admin fees applied.
- Please check and ensure all details are correct before submitting the registrations.
- On-the-spot entries will **NOT** be entertained.
- Whilst every reasonable precaution will be taken by the Organiser to ensure the participants' safety, participants partake in this event at their own risk and the Organiser shall not be liable for any bodily injuries, loss and/or damage to property, whether personal or otherwise, and howsoever arising.
- The Organiser reserves the right to use any photographs or recordings of the participants for any commercial or advertising purposes for any commercial advertising including legitimate purpose.
- The Race Director/Organising Committee decision is final.
- All participants should pick up their Race Packs and Goodie Bag on the On-Site Race Registration Day which has been designated.
- Participants who do not collect their Race Pack during the scheduled date and time will be forfeited.
- There will be a Race Briefing conducted by the Organiser. First timer is encouraged to attend. However, all participants are required to download the E-Briefing (available soon) notes that contains important information, route map and guides for the event.
- A participant may be disqualified for the following reason(s):
 - (a) Refusing to follow the rules and regulations and /or instructions given by the Organiser and/or Race Officials.
 - (b) Consumption of alcohol, stimulants or any kind of prohibited drugs 24 hours before the race.
- Any participants decided to withdraw from the race should report to the Race Officials.
- The details on the reverse side of your RACE BIB must be filled in to enable us to contact your next-of-kin in case of emergency.
- The Race Bib Timing Chip is the sole means of race timing measurement.
NO CHIP = NO TIMING
- All participants in both the Individual and/or Relay for ULTRA category must ensure that their Timing Chips are securely strapped to their left or right ankle before beginning on any leg of the race.

- The Organiser will not be responsible for any inaccuracy in participant's race timings due to improper wearing of Timing Chip.
- Minimum age for FUN RUN Race is 4 years of age on 31 Dec 2026 to join in the fun run. Children below age of 12years old must accompany by guardian/parents in order to start the run.
- Minimum age for 10KM Leisure Run is 12 years of age on 31 Dec 2026 to compete in the race.
- Minimum age for 50KM Ultra & 21KM Run is 18 years of age on 31 Dec 2026 to compete in the race.

Running

- All runner must ensure that their race numbers are clearly visible both in front of their running attires at all times.
- Bare torso is not allowed at all times.
- Support vehicles or pacers are not allowed.
- No headphone / ear phone is allowed during running.

Transition Area (For 50KM & 21KM Category)

- All table are numbered according to the race numbers of every participant.
- All participants are required to place their belongings tidily to the designated table with their race numbers.
- Participants must not interfere with other participants belongings.

Inclement Weather

- In the event of inclement weather, the Organizer reserves the right to delay the commencement of the race.
- Should the inclement weather persist after the delay, the Organizer reserve the right to further delay or postpone the race without any refund of registration fees.

Medical Advisory

- Ultra-running/Trail-running is a physically demanding sport. Therefore, if you are unsure of your physical health condition, please seek medical advice from a medical professional before your register for the race.
- Participants are advised against the consumption of alcohol, stimulants or any kind of prohibited drugs 24-hours before the race.
- Participants are to ensure that they are physically prepared, well-rested and well-hydrated on the race day.

- Should a participant feel unwell in the course of the race, he/she should stop and seek immediate medical attention from the on-course ambulance or at the finishing area.
- If a participant is deemed to be physically incapable of continuing the race eg. Severe dehydration, dizziness, fainting; the Race Officials and/or Medical Practitioner has the rights to remove him/her from continuing the race. The Organizer's decision is final in determining the removal/disqualification of the participant(s).