

### **Rules & Regulations**

1. The organizer reserves the to limit, accept or reject without assigning reasons thereof
2. All information during online registration must be correct.
3. Once registration is processed, there will be NO REFUND for those who failed to show up for the race or withdraw at any REASONS.
4. Race registration will only be CONFIRMED once FULL PAYMENT has been made.
5. No changes of name and race category Please double check information before submitting.
6. On Spot Last minute registration will not be entertained.
7. Organizer shall not be liable for any body injuries, loss/ damage to properties or belongings. Please ensure cautious at all time.
8. The Race Director / Organizing committee decision is Final.
9. All Participants should collect race packs on site race venue which has been designated. For whom had not done collection during schedule day, date and time, participants will be forfeited OR appoint any friends to collect on behalf.
10. Timing chip return will also be placed at finishing tent. Failed for return, RM50 per time chip will be imposed.
11. Swimmers must wear swimming cap at all time.
12. Wet suit is not permitted.
13. Safety swimming buoy is compulsory. (if do not have buoy we have on sale at RM50 per piece).
14. In water, swimmers can always hold onto the swimming safety buoy anytime for resting I en route to finishing line.
15. Swimmers who do not finish the course within the time limit shall be removed from the water.
16. All swimmers shall have their competition number clearly displayed on their arms.
17. Water refreshment is deployed to swimmers in all kayak and safety boats. No outside food and drinks allowed except personal power gels or nutrition
18. Bag drop will be activated at starting line
19. Timing chip return will also be placed at Finishing Tent. Failed for return, RM50 per time chip will be imposed.

20. For FIN SWIM – Only allowed to use B-Fins. NO MONOFINS is allowed.

21. FIN SWIM – Need not snorkel set to swim. Only swim like normal Freestyle

22. Be in mind, to avoid and minimize sea creature contacts – please use covered swimsuit or massive protection repellent is IMPORTANT