

How It Works

You can complete your registered distance **all at once** or **accumulate it over several days** — totally up to you!

For example, if you walk or run **1 km a day**, just upload **5 days of proof** to complete your 5 km challenge. Easy and flexible!

Participant Entitlements

Depending on your chosen package, you'll receive these exciting goodies delivered straight to your doorstep:

1. **Finisher Zinc Alloy Medal (Spinnable Fridge Magnet Edition)** 
 2. **Exclusive Dry-Fit T-Shirt** 
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Event Details

- **Running Distance:** 5 KM
 - **Early Bird Registration Ends:** 30 November 2025
 - **Registration Closes:** 20 December 2025
 - **Running Period:** Now until 20 December 2025
 - **Submission Period:** 1 – 22 December 2025
 - **Shipping of Entitlements:** Begins from 8 December 2025
 - **Location:** Anytime, anywhere — your pace, your place! 
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How to Submit Your Run Results

1. Download any running app (e.g. **Strava**, **Runkeeper**, **Google Fit**, etc.).
2. Start your run or walk with the app tracking your activity.
3. When you're done, **take a screenshot** of your recorded result.
4. **Accumulate** your screenshots until you've completed your registered distance.
5. Submit your results via the **Google Form** <https://forms.gle/6zjNgehTcVoiHcr47> by **22 December 2025**.