



Titi Ultra Ride 2024

27th Apr 2024 (Saturday)

Venue: Taman Titiwangsa, Hulu Langat, Selangor

RACE CONCEPT

The concept is an extension of the popular Titi Ultra route of 100km. Riders will ride from Hulu Langat to the half way point at Titi Town, and then ride back to Hulu Langat along the same route.



COURSE DESCRIPTION



60KM Route Map & Elevation Chart
Elevation Gain +900M

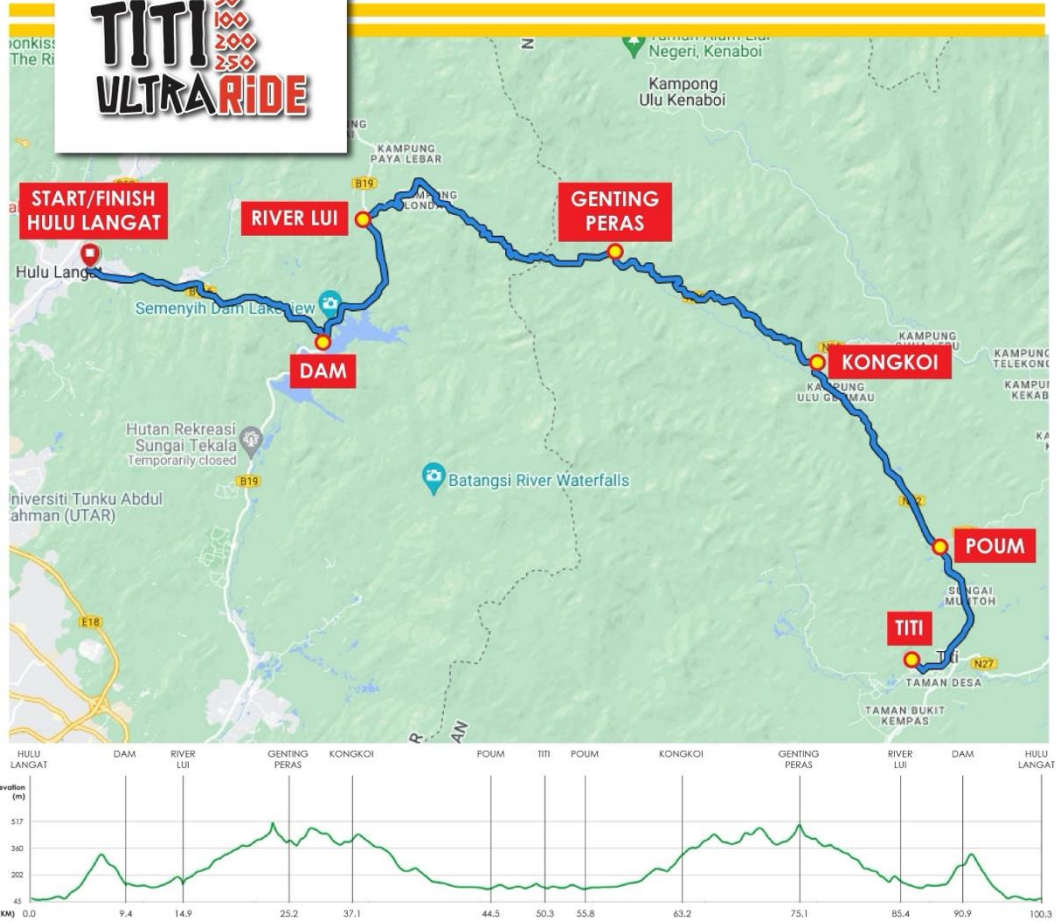




TITI
50
100
200
250
ULTRA RIDE

100KM Route Map & Elevation Chart

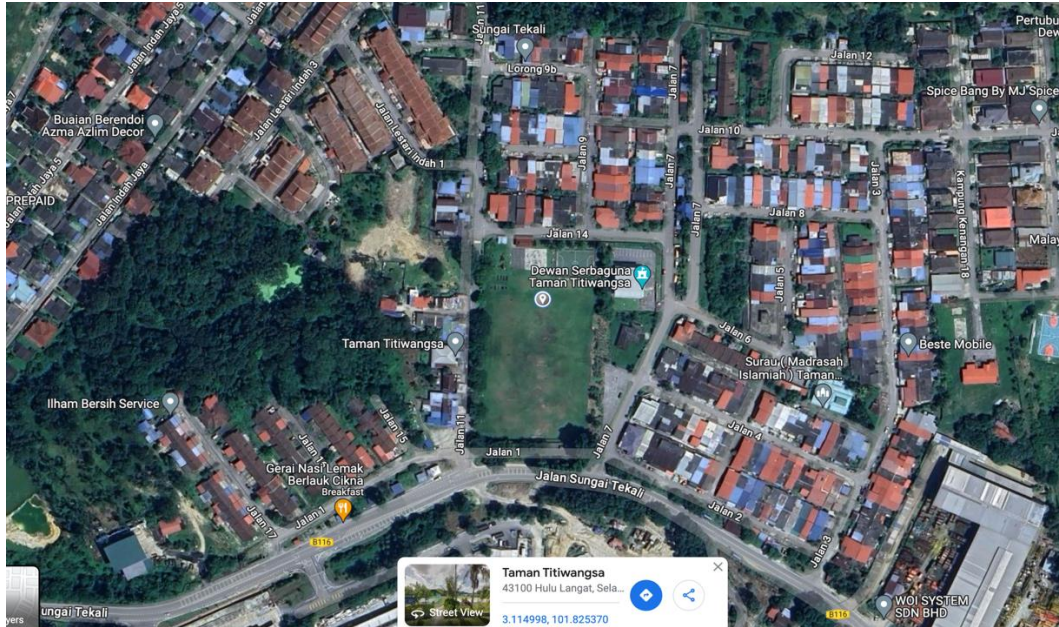
Elevation Gain +1,500M



Event Details

Starting Time: 7am Sat 27th Apr 2024 (for both 60km and 100km)

Starting and finishing point : Padang Taman Titiwangsa, Hulu Langat, Selangor



Cut-off time: 3 hours (60km) / 5 hours (100km)

Min/max Elevation: 59 / 508 m

Elevation Gain: ??? (60km) / 2834m (100km)

Registration Fees:

Categories	60km	100 km
Early Bird	60	100
Standard	90	120
Late Entries	120	150

Closing of Registration:

Early Bird : 1st – 31st Jan 2024
Standard : 1st Feb- 31st Mar 2024
Late Entries : : 1st April and after

RACE PACK COLLECTION

Time : 10:00 am – 8:00 pm
Date : Friday, 26th Apr 2024
Venue : Padang Taman Titiwangsa, Hulu Langat, Selangor

For Riders who are **NOT ABLE** to pick up the race packs on **Friday, 26th Apr 2024**, can collect race pack on race day:

Time : 5:30 am – 6:30 am
Date : Saturday, 27th Apr 2024
Venue : Padang Taman Titiwangsa, Hulu Langat, Selangor

Categories Entitlement:

	60 KM	100 KM
Event Tee	V	V
Goodie bag	V	V
Finisher Medal	V	V
Bib Number	V	V
Timing Chip	V	V
E-Certificate	V	V
Refreshment, Water station, Isotonic Drink	V	V
Top 3 Trophy	V	V

1. The participant needs to be 13 & 18 years old and above on the race days.
2. Age calculation is based on the date of the event.
3. Registration Fees are exclusive of online processing fee.
4. Once the registration is completed and payment has been made, the entry fees are **NON-REFUNDABLE, NON-TRANSFERABLE** and **NON-DEFERRABLE**
5. For any change of size of Tee shirt, change of category and Bib Transfer, please contact seowkong.ng@endurancenature.com.my. No Tee size change is allowed after 15th Apr 2024

Titi Ultra Ride - Event schedule

26-4-24	10: 00AM – 6:30PM	Race Pack collection
SCHEDULE FOR 60km/100km Ride		
27-4-24	5:00 AM – 6:30 AM	Late race pack collection at starting point
	6:30 AM	Race briefing
	7:00 AM	Flag off
PRIZE GIVING CEREMONY		
27-4-24	9:00 AM	Expected 60km 1st rider arriving at finish point (2hrs)
	10:00 AM	Expected 100km 1 st rider arriving at finish point (3hrs)
	11:00 AM	Prize presentation ceremony for 60 and 100 km categories
OFFICIAL CUT OFF TIME		
27-4-24	10:30 AM	Official race cut-off - 60 km (3hrs)
	12:00 Noon	Official race cut-off -100 km(5hrs)
	12:00 PM – 12:30 PM	Closing of Finishing Point.

RULES & REGULATIONS

SEMI-SELF- SUFFICIENCY

1. Riders must complete the set course by their own power and ability within the stipulated time;
2. Personal assistance (support crew) along the cycling route and at the water stations is **Not Allowed** in all categories.

RIDERS RESPONSIBILITIES

1. Riders must understand the unique nature and requirements of competing in a long distance cycling race. He/she must have undertaken the necessary training to compete in such an event.
2. Riders will be responsible for his/her own safety by having the ability and skills to deal with problems that may be encountered during the race of this nature.
3. Riders must be able to undertake or deal with on his/her own without any other external assistance during the deteriorating weather conditions (e.g. raining, strong winds, hot sun and etc..) and other unforeseen circumstances arises while cycling on the road and/or trails.
4. Riders who accept any assistance and support from any person may be disqualified.
5. In the event of a rider meeting another rider who is in health difficulty or injured, he/she must stop to help and inform the race organizer to seek for medical assistance. Failure to do so may result in penalties or disqualification being imposed to the rider or Riders concerned.

Mandatory Items

1. By entering the race, each rider undertakes to take with him/her all the mandatory items as listed below throughout the race.
2. Failure to do so will result in application of the time penalties or disqualification.
3. Mandatory items (gear checks will be carried out on all Riders before the race starts, and spot checks may be carried out along the route during the race):

60km/100km Category

1. Mobile Phone;
2. 1.0 litre water carrying capacity;

Recommended (not compulsory):

- Sport foods & Gels;
- Sun UV block;
- Cash;

BIBS

1. Each bib is given individually to each rider in the Race Pack, upon presentation of suitable identity document;
2. Each rider will be given one bib number: this must be worn and clearly visible on the chest or stomach or on the back of the backpack carried by the Riders;

3. The bib number is required for access to the water station areas, physio treatment, rest rooms etc;
4. To encourage more participation, Bib is transferable before 28th Feb 2024. Thereafter, race bib is transferable at a cost of RM 50 before 31st A 2024, RM 100 before 7th Sep 2024;
5. Upgrade and downgrade will be allowed at a cost of RM 50 before 31 Aug 2024, RM 100 from 1 Sep 2024 to 7th Sep 2024;
6. No fee is refundable after the registration is completed, even in the event when the race may be cancelled or postponed;

RACE COURSE MARKERS

1. The race course will be marked with signs and cone along the course and at major junctions;
2. Riders must follow the directions given by the race organizer during the race briefing;

DROP BAGS

1. There is no drop bag for all categories.

SAFETY AND MEDICAL ASSISTANCE

1. In order to ensure race safety, race organizer will prepare and arrange for rescue and medical assistance during the race. However, each participant must recognize and understand that there are risks of injuries and/or accidents associated with cycling. Riders are participating in this race at his/her own risk;
2. While the race organizer has purchased Public Liability Insurance and Personal Accident Insurance coverage (hospitalization) for this event, it is strongly recommended that the Riders obtained an adequate Personal Accident Insurance coverage for himself;
3. Medical points will be set up at certain water stations;
4. If necessary, and in the interests of the person being rescued, at the exclusive discretion of the organizers, the official medical rescue services may be called upon to take over operations, using any means they consider appropriate, including an ambulance. Any costs deriving from such exceptional transport will be charged to the person who has been rescued;
5. Depending on the rider's health conditions, an emergency evacuation may be required. This emergency evacuation will be at the expenses of the person being rescued;
6. The official race medical assistants are authorized to withdraw from the competition any riders that they consider as unfit to continue or are in danger. The rider bib will be removed as part of the DNF (Did Not Finish) procedures;
7. If a rider drops out from the race, he/she must first inform and register with the nearest checkpoints that he/she is dropping out. Proper "DNF" procedure should be followed and completed before the rider is allowed to leave the event;
8. In case of an emergency, if you are unable to reach the race headquarters, you can also call the public emergency number '999' directly for help;
9. The race organizers reserves the right to implement any additional measures at any time to enhance and protect the safety of the race and the Riders before the race and during the race.

CHECKPOINTS OR WATER STATION POINTS

1. The timing will be recorded at the checkpoints/water station points established by the organizers;

2. Only Riders sporting their regular bib number will have access to the water station;
3. No water cups will be dispensed to the Riders. Riders will need to use their own cups or containers for any drinks served at the check points or water stations;
4. The route map, which can also be downloaded online, will contain accurate indications of the water station points;
5. The organizers reserve the rights to carry out mandatory item checks at any of the check points and other unspecified points along the route during the race;
6. Food and drinks at the water station points are solely for Riders only.

MAXIMUM RACE TIME PERMITTED AND CUTOFF TIMES

1. The maximum time allotted for completion of the race are:
 - 60 km – 3 hours
 - 100 km – 5 hours
2. In the event of poor weather conditions and/or for safety reasons, the organizers reserve the rights to suspend the race or to make changes to the cut-off times;

DNF (Did not Finish) PROCEDURES

1. Riders may DNF voluntarily or by missing the stipulated cut-off times at various checkpoints along the race course;
2. Rider who decides to pull out voluntarily must proceed to the nearest checkpoint, inform and register with the race staffs by signing a DNF Form, and the bib will be specially marked to indicate the DNF status of the Riders.
3. Riders who fail to arrive at the checkpoints within the stipulated cut-off times will not be allowed to continue running in the race. His/her bib will be specially marked, and a DNF Form will need to be signed;
4. Rider who fails to notify the organizers immediately of his/her voluntary DNF, thereby setting in motion a search and rescue operations by the rescue staff, will be liable to pay for any costs deriving there-from;
5. Rider who has DNFed from the race are not allowed to continue his/her run. IF he/she insists on continuing running, he/she is NO LONGER in this event, and will be running entirely on his/her own accord and at his/her own risk. The organizer reserves the right to ban this kind of rider from future edition of Ultimate Trails of The South;
6. The DNF Riders should rest at a bright, safe place with sufficient phone coverage and wait for a non scheduled race shuttle for pick up and delivery to the finish point;
7. If rider is unable to move on his/her own, either return to the nearest water station point he/she has just left or to the next water station point. Please contact the emergency number '999' or the race headquarters to seek for assistance.

PROHIBITED ACTIONS

1. Taking shortcuts and/or cycling off the track;
2. Throw any garbage along the cycling route.
3. Cheating (e.g. using other means of transportation, using substitute Riders and other unlawful actions);
4. Not abiding by the rules and regulation given by the race organizer and official race staffs including medical assistants, emergency staffs and marshals;
5. Not wearing the race bib at all times during the race;
6. Continue to ride after the cut off time without the agreement of race officials;

7. Doping and the use of prohibited drugs;
8. Riding with his/her supporters

PENALTIES

Breaking of any rules may incur a time penalties or disqualification. Any such penalties are at the organizer’s discretion and are final.

COMPLAINTS

Suggestions must be in writing and must be presented after the closing ceremony of the event at the finishing point or send to seowkong.ng@endurancenature.com.my

CHANGES TO THE ROUTE OR TO THE TIME DEADLINES – CANCELLATION OF THE RACE

1. The organizers reserve the rights, at any time and without prior notice, to make changes to the route and checkpoints/water station points or to the time deadlines;
2. In the event of adverse weather conditions (a strong depression with heavy rain), the start of the race may be postponed for 6 hours at most, after which time the race will be cancelled;
3. Where necessary, the organizers reserve the rights to make changes to or eliminate certain stretches of the route.

RANKINGS AND PRIZES

1. The race winner of each categories will be the rider that takes the shortest time (Gun time) to reach the finish point;
2. Reaching the checkpoints/water station points along the route does not in itself entitle the rider to a place in the rankings and the corresponding points awarded for a qualifying race;
3. To be awarded, rider must complete the overall race within the final cutoff time of the race;.
4. There will be 5 podium positions for each category. Prize money will be given only for the top 3 positions of 100km category as below:

Categories	Champion	2 nd	3 rd
100km – Men Open	500	300	200
100km -- Men Veteran	500	300	200
100km – Women Open	500	300	200
100km – Women Veteran	500	300	200
TOTAL	2,000	1,200	800

4th and 5th positions will be awarded with trophies and sponsored prizes.

5. 60km category podium winners (Top 5 of Men Open, Men Veteran, Women Open and Women Veteran) will be awarded with trophies and sponsored prizes.

T shirt sizing chart



ENDURANCE NATURE

Unisex Size Chart

Size/Length	Half Chest Length (Inches)	Half Waist Length (Inches)	Shirt Length (Inches)
XXS	17"	17"	25"
XS	18"	18"	26"
S	19"	19"	27"
M	20"	20"	28"
L	21"	21"	29"
XL	22"	22"	30"
2XL	23"	23"	31"
3XL	24"	24"	32"



All measurements above subject to +/-0.5* tolerance