

No Retreat No Surrender Virtual Marathon 2024

Embrace the spirit of unwavering determination with the **No Retreat No Surrender Virtual Marathon 2024**! This virtual marathon invites runners of all levels to conquer their own course, symbolizing resilience and perseverance. Whether you're a seasoned runner or a beginner, join us in a celebration of relentless spirit—where every step taken is a testament to the commitment of never retreating and never surrendering. Let's make 2024 a year of personal triumphs and victories!

You may complete the distance registered at one go or accumulate them. Meaning if you run an average of 5km a day, you just need to submit 8.5 days of run results if you registered for the 42km category.

You may also use the same run results to submit for our other virtual runs as long as it is within the running period.

Depending on the package you registered, you will get these entitlements mailed directly to your doorstep:

1. Finisher Metal Medal
2. Dry-fit Finisher Shirt (Option to upgrade from short sleeve to long sleeve T-Shirt for all categories - extra RM10)
3. E-Certificate (upon submission of completed run) will be emailed to you
4. E-Bib which will be emailed to you

Running Distance – 5km, 21km & 42km

Early Bird Registration Close – 31 March 2024

Registration Close – 5 April 2024

Running Period – now until 25 April 2024

Submission Deadline – 25 April 2024

Shipping of Entitlements – 15 May 2024

Location – Any time Anywhere at your convenience

Shipping Fee

West Malaysia – RM10

East Malaysia – RM20

Singapore – RM40

How To Submit My Run Results?

- 1) Download any running app on your iPhone or Android phone. Example – Strava, Runkeeper, Google Fit, etc.
- 2) Start running/walking together with the running app
- 3) At the end of your run/walk, take a screenshot of your run in the running app
- 4) Accumulate all your screenshots until you have achieved your registered distance (for example 42km)
- 5) Send all your screenshots in **ONE email** to NoRetreatMarathon@gmail.com before the run results submission deadline (25 April 2024) together with the following details :-
 - a) Your Name :-
 - b) Your Email :-
 - c) Mobile Number :-
 - d) Name of Virtual Run :-
 - e) Registered Distance (km) :-

f) Register at which website :-

Frequently Asked Questions (FAQ)

Q: What do you get after completing the virtual run?

A: 4 items dependent on package registered

- 1) No Retreat No Surrender Virtual Marathon 2024 Metal Medal
- 2) No Retreat No Surrender Virtual Marathon 2024 Dry-fit Finisher shirt (Distance Printed)
(Option to upgrade from short sleeve to long sleeve T-Shirt for all categories - extra RM10)
- 3) No Retreat No Surrender Virtual Marathon 2024 E-Certificate
- 4) No Retreat No Surrender Virtual Marathon 2024 E-Bib

Q: When and where do I run?

A: The running period is now to 25 April 2024. In other words, you can run anywhere anytime from now to 25 April 2024 and capture the proof of running and email to us at NoRetreatMarathon@gmail.com

Q: When will I receive my finisher items?

A: In general, the finisher items will be sent out on a batch-by-batch basis starting on **15 May 2024**.

Q: Can I separate the run distance (5km, 21km & 42km) into a few shorter distance runs?

A: Yes, You can track your distance by using the following methods:

1. Running outdoor with GPS (track by km)
2. Running indoor with treadmill (track by km)
3. Steps counters (1km = 1,300 steps)

The Virtual Run is flexible in that the walks/runs/steps CAN BE ACCUMULATED in multiples runs/steps.

Q: Must I submit different run results for different virtual runs organised by Virtual Run People?

A: You may also use the same run results to submit for our other virtual runs as long as it is within the running period.

Q: When will I receive my electronic-certificate?

A: We will normally email the electronic-certificate to you within 7 working days from your submission date.

Q: How can I contact the organiser?

A: You can either contact the Virtual Run People through email NoRetreatMarathon@gmail.com or WhatsApp us at +6016-380 7200

Terms and Conditions

No Retreat No Surrender Virtual Marathon 2024 is organised by the Virtual Run People and it is open to everyone who has a valid address in Malaysia and Singapore. For other locations, please contact us by email - NoRetreatMarathon@gmail.com or WhatsApp us at +6016-380 7200.

- 1) Participants can run **ANYTIME** from their registration date until **25 April 2024** to complete the run. Where participants can split the distance to as many times as they wish.
- 2) You may also use the same run results to submit for our other virtual runs as long as it is within the running period.
- 3) Entries are non-transferable.
- 4) All T-shirts measurement is subject to 1-2 cm tolerance.
- 5) Finisher's Tee size is strictly based on the size selected by the participant during registration, any request of size change will not be entertained.
- 6) All merchandises' colour, design and material may be different from illustration and are subjected to change without notice.
- 7) **Submission of results must be submitted any time before the 25 April 2024.** If participants are unable to submit the result before the 25 April 2024, they will be considered as disqualified and will not be entitle for any of the rewards. As such there will be NO delivery of any medal or T-shirt.
- 8) Once participants registration is done, there will be NO refund even if participants are not able to participate due to whatever reason.
- 9) By entering our virtual event, you are accepting that Virtual Run People will contact you to keep you updated on the progress of your run. In addition, you will be added to the Virtual Run People mailing list to receive updates on future events, medals & charities. You may unsubscribe from the Virtual Run People mailing list at any time by emailing us at VirtualRunPeople@gmail.com
- 10) Participants must be certified fit to participate in this event. Virtual Run People shall not be liable for any accident, injuries or mishap that happened in the participation of the event.
- 11) All payments are to be collected in Ringgit Malaysia and it is based on the current conversion rate of the day. The conversion rate is subject to currency fluctuation.
- 12) Participants agree to provide accurate, true, current and complete information about the Participants. Virtual Run People may contact the Participants time by e-mail or WhatsApp/text message. Any notice sent to the e-mail address or WhatsApp/text message registered with the Virtual Run People shall consider as received by the Participants. If the Participants provide any information that is inaccurate, untrue, not current or incomplete, or the Virtual Run People has rights to suspect that such information is inaccurate, untrue, not current or incomplete, the Virtual Run People may suspend or terminate the Participants' registration and fees will not be refund.
- 13) If there is a returned of parcel during the delivery of the rewards due to whatever reason, we could arrange to resend the reward (upon request) but the delivery charges would be borne by participant.

14) Any address changes after registration will incur additional charges.

15) The Virtual Run People reserves the right to use any photographs (including those of Participant), motion pictures, recordings, or any other media records of the Event, for any legitimate purpose including commercial advertising and distribution to the Virtual Run People.

16) The Virtual Run People has the rights to amend the Terms & Conditions at any time at its sole discretion without any prior notice.