Terms and Conditions of Participation (Criterium PNR2023)

A. Road Bike and MTB.

Road Bike and MTB Category - Open to ALL COUNTRY (INTERNATIONAL) (Men Open, Women Open, Men Junior, Women Junior, Men Master A, Men Master B, Women Master, Men MTB and Women MTB).

- 1. License.
- 2. Each category according to the set age. (According to PNR year 2023)
- Road Bike Men Open and Women Open categories.
 (Point Race/5,3,2,1 points for each 2 laps/acceleration. Each round will be given 1 point to the first rider only)
- 4. MTB Men and MTB Women categories, slick tires are not allowed.
- s. Front and rear lights is "Mandatory".
 - (A penalty may be imposed by the organisers/commissaire if the front/rear lights are not fully used). Except Men MTB, Women MTB, Men Foldie, Women Foldie and RB Women Masters.
- 6. Complete with racing clothes/attires.(Helmet, Shoes and Jersey)
- 7. Each race category will be released according to the set time.
 - Participants should be aware and pay attention if there are changes by the Commissaire and Organizers. Any objection for each category contested by participant or team, must first deposit a DEPOSIT of as much as RM300 within 15-30 minutes after the end of the race for each category to the Organizer/Commissaire on Duty. If objection FAIL , DEPOSIT money is considered burnt and will not be returned. If the objection is SUCCESSFUL, the DEPOSIT money will be returned.

B. Foldie.

- Each category according to the set age.
 (Foldie Men and Women is open to all ages 16 years and above)
- 2. Complete with racing clothes/attires.
 - (Helmet, Shoes and Jersey)
- 3. Each race category will be released according to the set time.
 - Participants should be aware and pay attention if there are changes from the Commissaire and Organizers.
- 4. Any objection for each category contested by a participant or team, must pay a DEPOSIT in advance of RM300 within 15 minutes after the end of the race for each category to the Organizer/Commissaire on Duty. If objection FAIL,DEPOSIT money is considered burnt and will not be returned. If the objection is SUCCESSFUL, the DEPOSIT money will be returned.
- 5. For this category, participants who retired from representing the State, National and Professional at least 5 years before (calculated from the year PNR2023) in cycling sports for all road and mth categories are not allowed to participate in the Foldie Men Open and Women Open Category. If the objection is accepted and found guilty, then it will automatically be canceled/disqualified.
- For this category as well, bikes that can be used according to the foldie standard in this race.
 Bicycle handles should also use standard foldie/straight handles.
 Bicycle rims are only allowed in sizes 16", 20° and 22" (24" and 26" are not allowed). If the conditions are not met, the participant will be cancelled/disqualified.