My Malaysia MERDEKA VIRTUAL RUN

What is a Virtual Run?

A virtual run is a race that you can complete at your own pace and time.

Virtual running works exactly the same as any other type of running but the difference is that the entered race can be run at any location, either outside or inside on a treadmill.

All you have to do is register for a race and provide evidence that you have done it. The evidence can be a screen shot of your running app, a photo of the treadmill screen etc. Do check out specific instructions of the event you join for more information

Run and Use any App >>>>> Upload Proof >>>>>> Get Entitlements

Virtual races are a great way to stay fit and active all year round, run for good causes and get awesome medals, tee and other entitlements for your participation will shipped directly to you.

Our Virtual run have few distance from 2km to 5km that you can run in once or split it up into multiple runs as long as you finish within the event timeline (typically within a month).

With virtual run, you don't need to deal with traffic, parking, poor weather or unexpected schedule or injuries that might cause you miss the race.

Important Date

Registration Close	:	26 th AUGUST 2020
Upload Photo Close	:	26 th AUGUST 2020

You can upload any runs photo within this period until 26th AUGUST 2020 and send by email to <u>AGErunMALAYSIA@gmail.com</u> with your Name, IC No and Event Name or WhatsApp to 010-3636035.

Shipping Start : 11th SEPTEMBER 2020

Categories and Fees

3km RM 45.00 (Inculding Courier Charges)

Entitlements

Tee Finisher Medal

E-Cert

<u>Organizer</u>

ASIA GALAXY EVENT (AGE) No,5. Jalan Cumarasami Off Jalan Ipoh 55200 Kuala Lumpur <u>AGErunMALAYSIA@gmail.com</u> 010-3636035