

An underwater photograph of a swimmer in clear blue water. The swimmer is positioned in the upper center, with one arm raised towards the surface. The water is a deep, vibrant blue, and the lighting creates a shimmering effect on the surface. In the lower part of the frame, the silhouettes of other swimmers are visible, though they are out of focus.

AQUAMAN

OPEN WATER SWIMMING

RULES AND REGULATIONS

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A. GENERIC

1. We are happy and honored to have you part of Aquaman event's series, we are growing our family all over the world that are sharing the same passion. IVA AQUAMAN Family.
2. AQUAMAN Events are designed to fit all swimmers that falls under these categories; Professional or Amateur & Male or Female & Adult or Junior for all over the world.
3. It is very important that all swimmers understand all points & rules in Aquaman Protocol. This will be the swimmer's responsibility.
4. All Swimmers must follow the rules and direction of all AQUAMAN Global, AQUAMAN Local Partner & Country Public Authorities of each event.
5. Any specific point that is related to any of AQUAMAN events that is not covered in AQUAMAN Protocol, the decision will be taken by the event referee/ event local partner/ Aquaman Global.
6. By Registering for any of QUAMAN Races all over the world, means that the participants accept & agree on all Aquaman Protocol and Rules.
7. AQUAMAN Protocol & Rules can be revised yearly and it can be modified if needed based on the legal aspect and the laws of each country.
8. **AQUAMAN Core Values:**
 - A- People Unity
 - B- Self-Achievement
 - C- Connectingtotheworld
 - D- Safety to Everyone
 - E- Self-Challenge
 - F- Positive Vibes



B. AQUAMAN RACES GUIDELINE:

B.1 Races distances

1.1 AQUAMAN Race:

Distance: Comprises distances of 10 Km

Type: Individual competition, competitive, timed, classifying. Minimum Age to participate: 16 years old

1.2 AQUAMAN 5.0 Race:

Distance: Comprises distances of 5 km

Type: Individual competition, competitive, timed, classifying. Minimum Age to participate: 14 years old

1.3 AQUAMAN 2.0 Race:

Distance: Comprises distances of 2 km.

Type: Individual competition, competitive, timed, classifying. Minimum Age to participate: 10 years old

1.4 AQUAKIDS Race:

Distance: Comprises distances between of 500 m

Type: Individual competition, competitive, timed, classifying.

Minimum Age to participate: 7-12 years old

1.5 AQUAFINS Race:

Distance: Comprises distances between of 1 km with Fins.

Type: Individual competition, competitive, timed, classifying with fins.

Fins Type: individual fins that can be wear in each foot separately, Mono fins are not allowed (mono fins means that are connected together).

Minimum Age to participate: 10 years old

1.5 AQUATEAMS Relay:

Distance: Comprises three legs of 500 meters each (3x500), totaling 1500 meters

Description: Team relay race, each swimmer will swim 500 m only.

Team Composition: 3 swimmers per team is mandatory.

Type: Competitive, timed.

Categories: Male, Female, and Mixed teams. Minimum Age to participate: 12 years old

B.2 Races Awards & Ranking

1.1 Awards

A. All Race Finisher Swimmers are Officially called an "AQUAMAN" & they will receive a Finisher medal after passing the finish line immediately.

B. Races Awards: The Awards will be in a form of a Ranking Medal or a Trophy

| Race Distance | Top 3 overall Male &Female | Top 3 Age Group Male &Female | Finisher Medal Male &Female |
|---------------|----------------------------|------------------------------|-----------------------------|
| AQUAMAN | Yes | Yes | Yes |
| AQUAMAN 5.0 | Yes | Yes | Yes |
| AQUAMAN 2.0 | Yes | Yes | Yes |
| AQUAFINS | Yes | Yes | Yes |
| AQUAKIDS | No | Yes | Yes |
| AQUATEAMS | Yes: M & F & Mixed Teams | No | Yes |

1.2 Ranking Category

A. Ranking in each of AQUAMAN races is based on different criteria which are the swimmer's Age Group & Gender.

B. Here are the ranking categories per race:

AWARD RANKING CATEGORIES

(MALE – FEMALE) AQUAMAN (10km)

| Category | Age Range |
|---------------|--|
| Overall | Top 3 Swimmers |
| Junior | Amateur swimmers from 16 to 19 years old |
| Adult 20 – 24 | Amateur swimmers from 20 to 24 years old |
| Adult 25 – 29 | Amateur swimmers from 25 to 29 years old |
| Adult 30 – 34 | Amateur swimmers from 30 to 34 years old |
| Adult 35 – 39 | Amateur swimmers from 35 to 39 years old |
| Adult 40 – 44 | Amateur swimmers from 40 to 44 years old |
| Adult 45 – 49 | Amateur swimmers from 45 to 49 years old |
| Adult 50 – 54 | Amateur swimmers from 50 to 54 years old |
| Adult 55 – 59 | Amateur swimmers from 55 to 59 years old |
| Adult 60 – 64 | Amateur swimmers from 60 to 64 years old |
| Adult 65 – 69 | Amateur swimmers from 65 to 69 years old |
| Master +70 | Amateur swimmers from +70 years old |
| Inspiration | Amateur swimmers with a degree of disability |

(MALE – FEMALE) AQUAMAN 5.0 (5km)

| Category | Age Range |
|---------------|--|
| Overall | Top 3 Swimmers |
| Junior | Amateur swimmers from 14 to 19 years old |
| Adult 20 – 24 | Amateur swimmers from 20 to 24 years old |
| Adult 25 – 29 | Amateur swimmers from 25 to 29 years old |
| Adult 30 – 34 | Amateur swimmers from 30 to 34 years old |
| Adult 35 – 39 | Amateur swimmers from 35 to 39 years old |
| Adult 40 – 44 | Amateur swimmers from 40 to 44 years old |
| Adult 45 – 49 | Amateur swimmers from 45 to 49 years old |
| Adult 50 – 54 | Amateur swimmers from 50 to 54 years old |
| Adult 55 – 59 | Amateur swimmers from 55 to 59 years old |
| Adult 60 – 64 | Amateur swimmers from 60 to 64 years old |
| Adult 65 – 69 | Amateur swimmers from 65 to 69 years old |
| Master +70 | Amateur swimmers from +70 years old |
| Inspiration | Amateur swimmers with a degree of disability |

(MALE – FEMALE) AQUAMAN 2.0 (2km)

| Category | Age Range |
|---------------|--|
| Overall | Top 3 Swimmers |
| Junior | Amateur swimmers from 12 to 19 years old |
| Adult 20 – 24 | Amateur swimmers from 20 to 24 years old |
| Adult 25 – 29 | Amateur swimmers from 25 to 29 years old |
| Adult 30 – 34 | Amateur swimmers from 30 to 34 years old |
| Adult 35 – 39 | Amateur swimmers from 35 to 39 years old |
| Adult 40 – 44 | Amateur swimmers from 40 to 44 years old |
| Adult 45 – 49 | Amateur swimmers from 45 to 49 years old |
| Adult 50 – 54 | Amateur swimmers from 50 to 54 years old |
| Adult 55 – 59 | Amateur swimmers from 55 to 59 years old |
| Adult 60 – 64 | Amateur swimmers from 60 to 64 years old |
| Adult 65 – 69 | Amateur swimmers from 65 to 69 years old |
| Master +70 | Amateur swimmers from +70 years old |
| Inspiration | Amateur swimmers with a degree of disability |

(MALE – FEMALE) AQUAFINS (1km)

| Category | Age Range |
|---------------|--|
| Overall | Top 3 Swimmers |
| Junior | Amateur swimmers from 10 to 19 years old |
| Adult 20 – 29 | Amateur swimmers from 20 to 29 years old |
| Adult 30 – 39 | Amateur swimmers from 30 to 39 years old |
| Adult 40 – 49 | Amateur swimmers from 40 to 49 years old |
| Adult 50 – 59 | Amateur swimmers from 50 to 59 years old |
| Adult 60 – 69 | Amateur swimmers from 60 to 69 years old |
| Master +70 | Amateur swimmers from +70 years old |
| Inspiration | Amateur swimmers with a degree of disability |

(MALE – FEMALE) AQUAKID (500m)

| Category | Age Range |
|----------|------------------------------------|
| U 10 | Swimmer from 7 – 8 years of age |
| U 12 | Swimmers from 9 – 11 years of age |
| U 14 | Swimmers from 12 – 14 years of age |

AQUATEAM (3x500m)

| Category | Age Range |
|----------|--|
| Male | Top 3 Teams. Swimmers from 12 years of age |
| Female | Top 3 Teams. Swimmers from 12 years of age |
| Mixed | Top 3 Teams. Swimmers from 12 years of age |

B.3 Race Equipment

1.1 Here are some essential equipment that all swimmers must consider:

A. Race Swimming Cap: Aquaman team will provide the swim cap in the race kit to all participants and the color of the cap is based on the race distance. Note that, swimming with the race swimming cap is a mandatory during the race and it cannot be changed or replaced.

B. Waist Safety Buoy: Participants must wear the safety buoy during the race and it has to be seen on top of the surface water while swimming. It will lead to disqualification if the swimmer took off the safety buoy for any reason or at any time during the race (in water or at the finish line). Swimmers can buy the Waist Buoy from the official website of AQUAMAN. (provided by the swimmer)

C. Goggles: are very important to all swimmers for the vision during the race and it is provided by the swimmer.

D. The bib number: It is the unique number for each swimmer in each race that indicates their identification when referring to it in data base It has to be always visible to the referee in water and before starting the race. This number can be in a form of Temporarily Tattoo or a writing marker, in both cases it is provided by Aquaman Team. The bib number has to be located on the safety buoy + top back of the shoulders or on the top of both hands.

E. Timing chip: It is a must to wear the Timing Chip during all the time of the race The swimmer cannot take it off at any point, and it may lead to disqualification. In case the swimmer lost it during the race, the swimmer must inform the organizer at the finish line. The swimmer will wear the Timing Chip in their ankle.

F. Wet Suit: Wearing any shape of the Wetsuit (short, half suit, full suit) will depend on the water Temperature. The organizer must announce that wearing the wetsuit is allowed.

Water Temperature:

Below 17.9°C: Wetsuit usage is mandatory.

Between 18.0°C and 24.0°C: Wetsuit usage is allowed. Above 24.1°C: Wetsuit usage is not permitted.

Failure to comply with this rule may result in disqualification. Furthermore, the use of two wetsuits is strictly prohibited.

J. Electronic Devices: Some Devices are allowed for the swimmer to be used during the race such as heart rate monitor, Water GPS & Watches. On the other side, MP3 & music devices or any other are not allowed during the race and it may lead to disqualification.

H. Swimming Equipment: Any Swimming equipment such as snorkel, fins, pull buoy, paddles..ect are not allowed during the races.

Only the fins are allowed for the swimmers during the race of "AQUAFINS" ONLY.

B4. Races Time limit (Cut off time)

1.1 This is the maximum time limit for the swimmer to finish the race, after this time limit, Aquaman safety team/referee has the right to withdraw the swimmer out of the water.

Races time limit:

- AQUAMAN (10km): 5h:00 min
- AQUAMAN 5.0 (5km): 3h:00 min
- AQUAMAN 2.0 (2km): 1h:30min
- AQUAFINS (1km): 0h:50 min
- AQUATEAMS (3x500m): 1h:30min

B5. In Water Feeding Points

1.1 Feeding point is the inwater feeding located in a fixed point in the race route that provides nutrition for the swimmers to regain their energy.

For AQUAMAN Race (10km) – 2 feeding points

For AQUAMAN 5.0 Race (5 km) – 1 feeding point

B6. Final World Championship Qualifications

1.1 Final World Championship is the final event that combines the best swimmers of AQUAMAN races all over the world during the year.

1.2 Each race has number of spots for the swimmers in each category, who will get qualified for the same race to participate in the final championship.

1.3 These are the races that obey to the qualification rules AQUAMAN, AQUAMAN5.0 & AQUAMAN2.0 races.

1.4 This Event will take place in different country every year.

(MALE – FEMALE) AQUAMAN (10km)

| Category | Age Range |
|----------------|-----------|
| Junior 16 - 19 | 5 Slots |
| Adult 20 - 24 | 5 Slots |
| Adult 25 - 29 | 5 Slots |
| Adult 30 - 34 | 5 Slots |
| Adult 35 - 39 | 5 Slots |
| Adult 40 - 44 | 5 Slots |
| Adult 45 - 49 | 5 Slots |
| Adult 50 - 54 | 5 Slots |
| Adult 55 - 59 | 5 Slots |
| Adult 60 - 64 | 5 Slots |
| Adult 65 - 69 | 5 Slots |
| Master +70 | 5 Slots |
| Inspiration | 5 Slots |



(MALE – FEMALE) AQUAMAN 5.0 (5km)

| Category | Age Range |
|----------------|-----------|
| Junior 16 – 19 | 5 Slots |
| Adult 20 – 24 | 5 Slots |
| Adult 25 – 29 | 5 Slots |
| Adult 30 – 34 | 5 Slots |
| Adult 35 – 39 | 5 Slots |
| Adult 40 – 44 | 5 Slots |
| Adult 45 – 49 | 5 Slots |
| Adult 50 – 54 | 5 Slots |
| Adult 55 – 59 | 5 Slots |
| Adult 60 – 64 | 5 Slots |
| Adult 65 – 69 | 5 Slots |
| Master +70 | 5 Slots |
| Inspiration | 5 Slots |

(MALE – FEMALE) AQUAMAN 2.0 (2km)

| Category | Age Range |
|----------------|-----------|
| Junior 16 – 19 | 5 Slots |
| Adult 20 – 24 | 5 Slots |
| Adult 25 – 29 | 5 Slots |
| Adult 30 – 34 | 5 Slots |
| Adult 35 – 39 | 5 Slots |
| Adult 40 – 44 | 5 Slots |
| Adult 45 – 49 | 5 Slots |
| Adult 50 – 54 | 5 Slots |
| Adult 55 – 59 | 5 Slots |
| Adult 60 – 64 | 5 Slots |
| Adult 65 – 69 | 5 Slots |
| Master +70 | 5 Slots |
| Inspiration | 5 Slots |



C. REGISTRATION & ONBOARDING:

C.1 Registration

- 1.1 Online Registration: Races Registration is through AQUAMAN official website. Participant must receive a confirmation email, other than that please refer to the organizer through the email.
- 1.2 Participants must provide their accurate personal details as per identification document during the registration
- 1.3 Participants must agree and sign on all AQUAMAN protocol and races rules during the registration for each race and each event related to AQUAMAN.
- 1.4 It is the swimmers Responsibility to register & compete in all AQUAMAN races in good health condition with no health problems.
- 1.5. It is the swimmers Responsibility to choose the convenient race distance based on the swimmer physical health & endurance condition.
- 1.6 Junior Swimmers that are 16 years old and younger must provide an authorization from their parents or legal guardians in order to allow them to receive their race kits and to allow them to swim in the registered race.
The minimum age of the participants may change from the mentioned for each race due to any local laws and restrictions of any of the countries.
- 1.7 Race Kits Handing over:
Adult: In order to receive the Race kits, swimmers must provide Valid Passport or Valid National Identity document and they need to submit a signed hardcopy application (Waiver).
Junior (kids): In order to receive the Race kits, Parent's passport or kid's birth certificate must be submitted and also a signed hardcopy application (waiver) by the legal parent or legal guardian.
- 1.8 The Participant's personal information shared with Aquaman team through any channel of communication such as website, email, social media or on ground, will be secured & confidential. Also it is applied on the personal data shared for the race registration.
- 1.9 This is a consent from AQUAMAN participants that any public or personal photos or videos taken during AQUAMAN events can be used in marketing purposes on any of Aquaman channels such as website, social media, email..., this is to promote Aquaman races and products all over the world. If the participant wants to withdraw the consent he/she can send an email to Aquaman team through ***communication@aquaman.co***

C.2 Registration Early Bird & Deadline

- 1.1 Registration Early Bird: means it is the lowest rate for the registration tickets and it has an ending date period and then the ticket rate will increase.
- 1.2 Registration Deadline: means it is the last date that the swimmers can buy a race ticket. This date is decided once the event reached the total number of participant's limit in all races.
- 1.3 Participants can buy items through AQUAMAN Merchandising page on the official website and receive them on site during the Local Aquaman Event. Example: Waist Buoy, Tshirt, Cap,.....

C.3 Registration Payment:

- 1.1 To receive the confirmation of the event registration the participants must pay and register online through the official AQUAMAN website only.
- 1.2 All Payments are non-refundable including race registration, Merchandising items, buying Race buoy....ect.
- 1.3 Before paying, all participants must read & agree on all Aquaman rules & protocol.
- 1.4 Incase the swimmer wants to change the race distance; it is allowed with no extra charged to be paid if the distance is smaller than the registered one, and the difference will not be refunded from AQUAMAN team. If the swimmer wants to upgrade the race distance (bigger), it is allowed and the swimmer will pay the difference.
- 1.5 Incase the registered swimmer cannot attend the event, the swimmer can transfer the participation ticket to another person until 3 weeks prior the event.
- 1.6 Swimmers are not allowed to request changing their registration to another event.

C.4 Registration Payment includes:

- 1.1 Race Ticket
- 1.2 On-ground Village Experience
- 1.3 Awards (Finisher Medal, Ranking Medal)
- 1.4 Physiotherapy service during the event
- 1.5 Timing Service
- 1.6 Feeding Station & Post Race Feeding
- 1.7 Safety In-water
- 1.8 Support Pre, during & After Race



D. DISQUALIFICATION RULES

Swimmers will be disqualified from the race, if the below points happened:

- 1.1 Swimmers who did not complete the race distance will be disqualified
- 1.2 Swimmers who skipped any of the “Marking Buoys” to shortcut the route will be disqualified.
- 1.3 Swimmers who took off the swimming cap or Timing Chip or Waist safety buoy during the race will be disqualified.
- 1.4 Swimmers who did not stick the bib number.
- 1.5 Any Doping activity from the swimmer will lead to disqualification
- 1.6 Swimmers who did not follow any of the race rules and guidance
- 1.7 Swimmers who did any physical harm to other swimmers during the race
- 1.8 Swimmers who wear the wetsuit while it is not allowed
- 1.9 Swimmers who did not finish the race distance during the specified Time limit.
- 1.10 Any individual assistance from personal coach, friends or family member during the races will lead to disqualification of the swimmer.
- 1.11 Due to any danger or a health problem, the safety team will withdraw the swimmer out of the water and the swimmer will be disqualified.

E. HEALTH&SAFETY

1.1 It is the Swimmer's responsibility to apply in any race with good physical health & good endurance with relative to the distance chosen.

1.2 The swimmer must wear the waist safety buoy

1.3 There will be safety points all over the swimming route such as Kayaks/boat to monitor the swimmers safety.

1.4 Due to any medical condition, Aquaman safety team/referee has the right to withdraw any swimmer for their own safety

1.5 Swimmers must study well the race route in order to follow the Marking Buoys.

1.6 There will be a medical/ physiotherapy service in the event village for any health support.

1.7 Aquaman Safety team/ referee can withdraw any swimmer from the race if the swimmer cannot cope with the strong water current.

1.8 The Organizer has the right to change the swim route or the race distance under any emergency case or due to bad weather condition to maintain the safety of the swimmers.

F. FORCE MAJOR

1.1 In case of Force Major, the organizer can delay, modify, postpone or cancel the event if the conditions are dangerous or seriously not convenient for the safety of the participants or for any reason beyond the organizer control.

1.2 In case the event is delayed, modified, postponed or cancelled for any reason including, but not limited to, causes of force majeure or elements (including but not limited to hurricane, hail, damages, rain, heavy seas, wind, tornado, earthquake, terrorists acts, epidemic, pandemics, fire, threat, major accident or any urgent reason from the local authority of the country or any other cause beyond the control of the organizer of the event, the registration fees will not be refunded and the event will be considered as organized.

1.3 In case the event got postponed due to urgent and severe reasons as harmful weather conditions and others, the registration fees of each swimmer will be automatically transferred to the new event date, and the organizer will send confirmation email to all participants. In case the swimmer did not attend the new date, no refund will be made and no transferring the registration fees to a totally different event.



AQUAMAN

OPEN WATER SWIMMING

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